

# GUIDE TO

## Leaving a legacy with Children Change Colombia



Simple steps and guidance to help you make a difference

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# OUR WORK

Over the last 30 years, CCC has helped children to overcome the traumas of poverty, armed conflict, displacement and lack of education.

Our three main focus points are recruitment into armed groups, sexual and gender based violence, and exclusion from education.

More recently, we have also been working on cross-cutting issues such as raising awareness for the environment, children and young people on the move, and life after the pandemic. Together with Acadesan, CCC is helping improve Afro-Colombian children's access to 'ethno education' and protect them from illegal mining in the Chocó & Valle de Cauca region.

helped over 72,000 children through 65 projects

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# GETTING STARTED

### Leaving a charitable legacy in your will is much simpler than you might think!

Here are the important steps to complete...



Make sure your loved ones have been taken care of. Choose **who you want** to put in your will.



Work out the value of **your estate** and decide which gifts you want to give.



This is the number one priority and should come before considering leaving any money to NGOs like CCC.

Calculate your total number of assets (e.g. car, house, jewellery, posessions, bank accounts etc.) and then subtract from this your total number of liabilities (debts, mortgage, overdrafts etc.).



Make sure your will is written according to **your wishes**, including specific details wherever necessary.

CCC currently has a partnership with FreeWills (wwwfreewills.co.uk) who provide free online advice for creating your legally binding document.

# Remember!

You should use a professional writer when writing your will. Your will must be signed and witnessed. We recommended you keep copies of your will where it can be easily located.



Choose an executor or executors, who will ensure your wishes are carried out in your absence.



Don't forget to consider **inheritance** tax



Follow the CCC donation instructions to secure your legacy. If you have left a gift to us, please do let us know so we can pass on our gratitude, on behalf of both us and our beneficiaries.



### Lastly, keep your will up to date.





Inheritance tax is usually a 40% charge on your estate above the threshold. It can be a complicated matter. To find out more, visit the HMRC website.

Follow this link to donate. Donations can be made via cheque, direct debit, bank transfer, over the phone, or see other options.

> This is especially important if your <u>circumstances change.</u>

Please be careful in vulnerable circumstances, or case of illness: the donor must be of sound mind, and given a terminal illness, a third party solicitor must be involved. Please ensure your donation does not interfere with any family inheritance disputes, and that your wishes are 100% your decision without the pressure of any outside party.

# FREQUENTLY ASKED QUESTIONS

Q. Are there different types of gift that can be left in a will?

A. **Yes**. The three types are: **pecuniary**, which means leaving a fixed amount of money; **specific** involves leaving particular item of value, such as land, shares or possessions; **residuary** entails leaving a percentage or share of your estate to your chosen charity once all your other payments have been taken care of, and these are the types of gifts that generally have the most impact. Q. What are the tax implications of leaving a gift to charity?

A. If 10% or more of your estate is left to charity, this will reduce your inheritance tax. Similarly, your donation may be subtracted from your estate before inheritance tax is calculated. Make sure to sign a gift aid form, as this will also allow the reclaiming of any tax paid on your donations. However, it is important to check implications for your specific situation, which can be done by contacting HMRC.

# FREQUENTLY ASKED QUESTIONS

# Q. How big does my donation have to be? Is there a minimum?

A. There is no prescribed amount, you may leave as much, or as little, as you feel comfortable with. Any donations will have have an impact on our projects and be a great help to the children in Colombia.

Q. Do I have to be a certain age in order to add a charitable gift to my will?

A. No. You can indicate your wishes whenever you feel ready and know what your wishes are. This can be anything from the ages of 40, 50 or 60.



# CCC REAL LIFE STORIES

## Paris-Quibdó exchange

Between 1985 and 2020, over 7400 minors were recruited into illegal armed groups and around were 16, 000 killed in conflict. For thousands of children in Colombia this is their reality. They don't have the privilege of taking part in dance or football classes as is common for young people in the UK.

Instead, many suffer from psychological trauma and are deterred from attending school, leading to a cycles of entrapment and isolation into adulthood.

Together with **Círculo de Estudios**, CCC ran a cultural exchange project between Paris and Quibdó to break down prejudices, a factor in the armed conflicts. The youths performed 'El Bunde del Agua', comprising of art, music and dance, which expressed their fears, hope and dreams, as well as the violence and hardships they experience everyday.

Through projects like these, young people in Colombia are shown an alterative path of tolerance and peace, giving them the tools to lead lives free from conflict.



# Misión Gaia (Magdalena)

CCC's project with Misión Gaia is located in the rural area of Minca in Magdalena, targeting 225 students and 15 teachers in three rural schools.

The project aims to improve the quality of education by providing teachers and school management with the necessary resources to re-plan and adapt their pedagogic processes.

Students are offered after-school support with tutoring in STEM (Science, Technology, Engineering and Mathematics) courses, helping to enhance overall school proficiency and critical thinking; and encourage young people to become entrepreneurs, making their own websites and promotional videos.

The project also provides vocational education and training in areas related to sustainable tourism.



# Misión Gaia (Magdalena)





Approximately 1.2 million Colombian children (11% of all school-age children) currently do not receive any formal education. Although initial enrolment rates are often high, the majority of children drop out long before graduation.

This is especially rife in rural settings, with illiteracy rates almost four times greater in the countryside than in cities. This is due to the practice of gold mining, currently Colombia's largest export and an industry which relies significantly on child labour and lacks resources.

La Sierra Nevada has been traditionally affected by conflict due to illegal plantations, but it is also a beautiful paradise. The indigenous communities are now learning other ways of living with dignity. They are being provided with the tools to defend and protect their surrounding environment, educate themselves in tourism, and take pride in indigenous identities.

# MARIA'S STORY

When Maria was 16, guerrillas attacked her remote town and she was raped by two of their men. As a result, she became pregnant with Jairo.

However, as a result of the violent experience, María suffered severe psychological trauma. She struggled to accept her son, so the only emotions that Jairo learned to feel were the anger and desperation he encountered at home. He dropped out of school, and with no support to help him understand why he felt this way, turned to the only people he thought could give him a purpose; he began running errands for a local armed group.



# JAIRO'S STORY

**Círculo de Estudios** invited Maria's son, Jairo, to their project when he was 10. At first he was reluctant to take part and was aggressive towards the other children but, with support, Jairo changed his behaviour and began to make friends. He realised that he could be appreciated without having to resort to crime. Attending Círculo de Estudios allowed Jairo to **break the vicious cycle of violence** that he was tangled in.

Círculo de Estudios has also been providing **psychosocial support** to his mother, Maria.

Two years later, Jairo is a regular at the project and he has discovered hidden talents. He is a natural leader, his peers look up to him, and he loves helping to run activities for the younger children. He is now known within the community for his work with children, not with the armed groups. Jairo is **back in school** and he has even set up a band playing traditional local music.

## SANDRA'S STORY

My story is a hard one to tell. After my parents separated when I was 11 years old, a friend of theirs sexually abused me. I got pregnant but lost the baby after a few months. Shortly after, I ran away from home and started dealing and taking drugs. I had two children but their father left me to raise them without any money or any support. I felt there was no other option – I started working as a sex worker.



It was then that ACJ approached me and started to help me. Before I enrolled in their project, my children stayed indoors all day because I was too afraid for them to go out and play on the streets. Now, they participate in workshops which teach them how to avoid sexual exploitation and drugs. They are a lot happier and so am I as I know they will have a better childhood and life than I did.

I have also been participating in ACJ's project for one year. With the support, guidance and opportunities they have given me, I have finally managed to leave sex work. I am now studying and thanks to the family workshops, I am now much more committed to my children. These workshops have reassured me and helped me gain access to my rights, participate in beauty training and made me realise I want a fresh start in life.

I am looking for a job to provide a better future and life for me and my children.

# 30 YEARS OF CCC HISTORY

#### **CCC is founded,** following



a documentary by Desmond Wilcox about homeless and at-risk children living in the sewers of Bogotá. This tragedy sparked an emotional response from many across the world.



## Fe y alegría was introduced.

They had children from gangs engage in music, dance and recreational activities.

2003

### CCC x Colegio del

**Cuerpo.** They provided support to children that had witnessed war, improving their selfworth and how to cope with life as a displaced individual.

### 1992



A children's home is built. Housing 300 children and providing them with education, vocational training, and healthcare.

## 1990s



#### Flying Doctor Service came into place. This service worked toward eradicating fatal diseases that children are prone to, such as malaria and cholera.



#### We supported the Cedavida Organisation.

Cedavida worked with families that had been displaced by the conflict.

### 2004



#### **CCC x Fundamor Foundation.**

They provide medical, educational and emotional support for orphaned and abandoned children affected by HIV and AIDs.





#### CCC x Asociación Cristiana de Jóvenes (ACJ)

Combat sexual and genderbased violence, a 'silent' issue, with effects that can endure generations. Approx. 70% of cases go unreported, and an estimated 200,000 children are abused each year.

**Since 2010** 



#### CCC x Tiempo de Juego

Prevent children from becoming involved in gangs by promoting the understanding of rights, positive youth leadership, and safe environments.

**Since 2013** 



#### **Support to Fundescodes**

They protect the rights of children and young people, and support them against harm.

2016



#### **CCC x El Origen**

Work to improve access to education in the most marginalised areas, where only 29% finish secondary school. This is often due to a lack of resources, long commutes, and/or Spanish not being indigenous students' first language.

**Since 2019** 



#### **CCC x Misión Gaia**

Work to improve education by providing teacher training, resources and extracurricular activities.

### **Since 2022**

### **2010**s



#### CCC x Fundación Carvajal

Helped children and young people develop skills in protecting themselves against violence and helped keep them off the streets.

### 2015



**CCC x Fundación CRAN** 

Provides foster homes and psychosocial support for children formerly associated with illegal armed groups.



CCC x Círculo de Estudios

Their aim is to reduce the risk of children and young people being exposed to gender-based violence (GBV).

### **Since 2019**



**CCC x ACADESAN** 

Work against the use of child labour in illegal mining, deforestation and cocoa farming by tackling high student drop out rates and improving the quality of education.



#### **Colombia Colores**

We launched our first UK-based project, Colombia Colores, to teach children of the diaspora living in London about the richness of Colombian culture through workshops on music, art, dance, nature, language and more.

**Since 2023** 

#### to be continued...!

### 2024



#### Scholarship Programme

Thanks to our partnership with Politécnico Gran Colombiano and Fundación Universitaria del Área Andina, we launched our scholarship programme, which helps 4 students from la Sierra Nevada to attend university with funding for tuition, personal computers, an internet allowance, travel costs and psychosocial support throughout their five years of study.



## **NEW/UPCOMING PROJECTS**

"PazA La Mochila" in "Little Kangaroos" in Cartagena "Football for Peace" in Chocó "Preventing Sexual- and Genderbased violence" in Santa Marta, Barranquilla, Bogotá & Cartagena "Young Livelihoods & Bilinguism" in Santander

## USEFUL LINKS AND CONTACT DETAILS

If you have any further questions, please get in touch!



**Website** 

www.childrenchangecolombia.org Instagram: @childrenchangecolombia

> Facebook: @ChildChangeCOL

<u>Twitter</u>: @ChildChangeCOL

<u>Email</u>: info@childrenchangecolombia.org

Our recommended wills agency is <u>Free Wills</u>.